

# MANDEL JCC SPRING GYMNASIUM SCHEDULE

Effective March – May 2010

S U N D A Y		
TIME	ACTIVITY	GYM SIDE
8:00-9:30 am	Adult Pick-Up Basketball	1
8:00-11:45 am	Open Gym*	2
9:30 am-8:00 pm	Open Gym*	1
11:45 am-4:00 pm	Open Gym/Birthday Parties*	2
4:00 pm-8:00 pm	Open Gym*	2

M O N D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-Up Basketball	1
6:00-9:00 am	Open Gym*	2
9 am-12:00 pm	Preschool Classes	1 & 2
12:00-2:00 pm	Adult Pick-Up Basketball	1 & 2
2:00-4:30 pm	Open Gym*	2
2:00-10 pm	Open Gym*	1
4:30-6:00 pm	After School Care	2
6:00-10:00 pm	Open Gym*	2

T U E S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-11:00 am	Open Gym*	1
6:00-12:00 pm	Open Gym*	2
11:00-2 pm	Adult Pick-Up	1
12:00-1:30 pm	Preschool Sports Camp	2
1:30-4:00 pm	Open Gym*	2
2:00-10:00 pm	Open Gym*	1
4:00-6:00 pm	After School Care	2
6:00-7:30 pm	Adapted Basketball	2
7:30-9:00 pm	Youth Basketball League	2
9:00-10:00 pm	Open Gym*	2

W E D N E S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-9:00 am	Open Gym	2
9:00-12:00 pm	Preschool Classes	1 & 2
10:45-12:00 pm	Drop-in Gym	2
12:00-2:00 pm	Adult Pick-up Basketball	1 & 2
2:00-10:00 pm	Open Gym*	1
2:00-4:30 pm	Open Gym*	2
4:30-6:00 pm	After School Care	2
6:00-10:00 pm	Open Gym*	2

T H U R S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-9:00 am	Open Gym*	2
9:00-11:00 am	Preschool Classes	1
9:00-1:30 am	Preschool Classes	2
11:00-1:00 pm	Adult Pick-up Basketball	1
1:00-10:00 pm	Open Gym*	1
1:30-4:30 pm	Open Gym*	2
4:30-6:00 pm	After School Care	2
7:30-9:00 pm	Youth Basketball League	2
9:00-10:00 pm	Open Gym*	2

F R I D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-10:45 am	Adult Pick-up Basketball	2
9:00-11:00 am	Open Gym*	1
10:45-11:30 am	Drop-in Gym	2
11:00-1:30 pm	Adult Pick-up Basketball	1
11:30-1:30 pm	Adult Pick-up Basketball	2
1:30-4:00 pm	Open Gym*	2
1:30-6:00 pm	Open Gym*	1
4:00-6:00 pm	After School Care	2
6:00-8:00 pm	Youth/Teen Night	1 & 2

S A T U R D A Y		
TIME	ACTIVITY	GYM SIDE
8:00-8:00 pm	1/2 Court Open Hoops #1 & #2 – Basketball Training	1
8:00-8:00 pm	Open Gym*	2

- Schedule subject to change due to special events (see bulletin board)
- NOTE: On National Holidays and/or when local schools are not in session Adult pick-up/ full court play is limited to one court
- \* Open Gym is first-come first-served
- National Basketball Academy provides private training at open gym times.
- Please be considerate of other members looking to play full court



THE MANDEL JEWISH COMMUNITY CENTER  
OF CLEVELAND

[www.mandeljcc.org](http://www.mandeljcc.org)

Contact Lyle Reed at (216) 593-6237 regarding gym schedule basketball training and rental opportunities.

# MANDEL JCC GYMNASIUM RULES

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**1.** No Mandel JCC Staff person on duty.

**Play at your own risk.**

**2.** Members and guests under **9** must be directly supervised by an adult unless in a JCC supervised program.

**3.** Members and guests **10-12** must have a responsible adult in the Fitness, Wellness, and Recreation area unless they are participating in a Mandel JCC supervised program.

**4.** Basketball hoops and the main curtain may be lowered or raised by Mandel JCC Staff or Mandel JCC approved program instructors ONLY

**5.** Members and guests must wear proper attire. Scuff-resistant athletic shoes are required.

**6.** Absolutely no food. Drinks must be kept in a covered container or bottle (no glass).  
**Please use trash receptacles.**

**7.** It is not recommended to leave outer clothing, valuables, and gym bags unattended. Please secure extra clothing and valuables in the locker room.

**8.** No horseplay or foul language.

**9.** Designated Mandel JCC equipment located in the gymnasium is provided for your usage. As a courtesy, please return all equipment to the proper location. For additional equipment, please ask a Mandel JCC employee.

**10.** No ball throwing or kicking (baseball, softball, football, soccer, playground ball) unless they are a participant in a Mandel JCC supervised program.

**11.** Personal training services can only be performed by employees of The Mandel JCC.

## Track Rules

The track is for use by members and guests ages 7 and older. Members and guests 7-12 must be DIRECTLY supervised by an adult.



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