

MANDEL JCC WINTER GYMNASIUM SCHEDULE

Effective February 2010

S U N D A Y		
TIME	ACTIVITY	GYM SIDE
8-9:30 am	Adult Pick-Up Basketball	1
8-11:45 am	Open Gym*	2
9:30-11:45 am	25+ Basketball league	1
11:45 am - 1 pm	Open Gym*	1
11:45 am -4 pm	Open Gym/Birthday Parties*	2
1-4 pm	Drills, Skills, Plays	1
4 pm-close	7th & 8th Grade League	1 & 2

M O N D A Y		
TIME	ACTIVITY	GYM SIDE
6-9 am	Adult Pick-Up Basketball	1
6-9 am	Open Gym*	2
9 am-12:00 pm	Preschool Classes	1 & 2
12:00-2:00 pm	Adult Pick-Up Basketball	1 & 2
2:00-4:30 pm	Open Gym*	2
2:00-10 pm	Open Gym*	1
4:30-6:00 pm	After School Care	2
6:00-8:00 pm	Open Gym* (Jan 11 & 18 rental)	2
8-9:30 pm	Gym Rental	2
9:30-10 pm	Open Gym*	2

T U E S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-11:00 am	Open Gym*	1
6:00-12:00 pm	Open Gym*	2
11:00-2 pm	Adult Pick-Up	1
12:00-1:30 pm	Preschool Sports Camp	2
1:30-4:00 pm	Open Gym*	2
2:00-4:00 pm	Open Gym*	1
4:30-5:30 pm	Moondog Dribblers tNBA	1
4:00-6:30 pm	After School Care	2
5:30-10:00 pm	Open Gym*	1
6:30-7:30 pm	Adapted Basketball	2
7:30-10:00 pm	Open Gym*	2

W E D N E S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-9:00 am	Open Gym	2
9:00-noon	Preschool Classes	1 & 2
10:45-12:00 pm	Drop-in Gym	2
12:00-2:00 pm	Adult Pick-up Basketball	1 & 2
2:00-6:00 pm	Open Gym*	1
2:00-4:30 pm	Open Gym*	2
4:30-6:00 pm	After School Care	2
6:00-10:00 pm	BBYO (Ends March 2010)	1 & 2

T H U R S D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-9:00 am	Open Gym*	2
9:00-11:00 am	Preschool Classes	1
9:00-1:30 am	Preschool Classes	2
11:00-1:00 pm	Adult Pick-up Basketball	1
1:00-10:00 pm	Open Gym*	1
1:30-4:30 pm	Open Gym*	2
4:30-6:00 pm	After School Care	2
6:00-7:30 pm	Youth Basketball League	2
7:30-10:00 pm	Open Gym*	2

F R I D A Y		
TIME	ACTIVITY	GYM SIDE
6:00-9:00 am	Adult Pick-up Basketball	1
6:00-10:45 am	Adult Pick-up Basketball	2
9:00-11:00 am	Open Gym*	1
10:45-11:30 am	Drop-in Gym	2
11:00-1:30 pm	Adult Pick-up Basketball	1
11:30-1:30 pm	Adult Pick-up Basketball	2
1:30-4:00 pm	Open Gym*	2
1:30-5:00 pm	Open Gym*	1
4:00-5:00 pm	After School Care	2

S A T U R D A Y		
TIME	ACTIVITY	GYM SIDE
12:00-6:00 pm	1/2 Court Open Hoops #1 & #2 – Basketball Training	1
12:00-6:00 pm	Open Gym*	2

- Schedule subject to change due to special events (see bulletin board)
- NOTE: On National Holidays and/or when local schools are not in session Adult pick-up/ full court play is limited to one court



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* Open Gym is first-come first-served

- National Basketball Academy provides private training at open gym times.

Contact Lyle Reed at (216) 593-6237 regarding gym schedule basketball training and rental opportunities.

MANDSEL JCC GYMNASIUM RULES

1. No Mandel JCC Staff person on duty.

Play at your own risk.

2. Members and guests under **9** must be directly supervised by an adult unless in a JCC supervised program.

3. Members and guests **10-12** must have a responsible adult in the Fitness, Wellness, and Recreation area unless they are participating in a Mandel JCC supervised program.

4. Basketball hoops and the main curtain may be lowered or raised by Mandel JCC Staff or Mandel JCC approved program instructors ONLY

5. Members and guests must wear proper attire. Scuff-resistant athletic shoes are required.

6. Absolutely no food. Drinks must be kept in a covered container or bottle (no glass).
Please use trash receptacles.

7. It is not recommended to leave outer clothing, valuables, and gym bags unattended. Please secure extra clothing and valuables in the locker room.

8. No horseplay or foul language.

9. Designated Mandel JCC equipment located in the gymnasium is provided for your usage. As a courtesy, please return all equipment to the proper location. For additional equipment, please ask a Mandel JCC employee.

10. No ball throwing or kicking (baseball, softball, football, soccer, playground ball) unless they are a participant in a Mandel JCC supervised program.

11. Personal training services can only be performed by employees of The Mandel JCC.

Track Rules

The track is for use by members and guests ages 7 and older. Members and guests 7-12 must be DIRECTLY supervised by an adult.



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OF CLEVELAND

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