

# Preschool Learn to Swim Classes

FOR AGES 6 MONTHS – 5 YEARS

Registration deadline one week prior to class start.

Session	Registration	Date	1 Day/ wk M/NM	2 Day/wk M/NM
Session 2	starts 3/5	3/19 – 5/5	\$56 / \$80	\$100 / \$150
Session 3*	starts 4/23	5/7 – 6/11	\$42 / \$60	\$90 / \$110

**Private Swim Lessons Available**

\* No class: May 28 Memorial Day. Sessions are pro-rated to accommodate these closings.

Class	Age	Day	Time
<b>Infant &amp; Toddler Infant Survival</b>	Certified instructor Jodi Jones Call to schedule (216) 978-2400		
<b>Melvin S. Krasnow Infant Swim Program</b>	6 – 36 mo	Mon	4:00 pm
	6 – 36 mo	Wed	6:00 pm
	6 – 36 mo	Fri	10:00 am
<b>Preschool 1</b>	3 – 5 yrs	Mon	4:00 pm
	3 – 5 yrs	Tues	4:30 pm
	3 – 5 yrs	Wed	4:00 pm
	3 – 5 yrs	Thurs	4:30 pm
	3 – 5 yrs	Sat	1:00 pm
<b>Preschool 1 – 2</b>	3 – 5 yrs	Mon	12:45 pm
	3 – 5 yrs	Sat	2:00 pm

Class	Age	Day	Time
<b>Preschool 2</b>	3 – 5 yrs	Mon	5:30 pm
	3 – 5 yrs	Tues	4:00 pm
	3 – 5 yrs	Wed	5:30 pm
	3 – 5 yrs	Thurs	4:00 pm
	3 – 5 yrs	Sat	1:00 pm
<b>Preschool 2 – 2</b>	3 – 5 yrs	Thurs	12:45 pm
<b>Preschool 3</b>	3 – 5 yrs	Mon	4:30 pm
	3 – 5 yrs	Tues	4:00 pm
	3 – 5 yrs	Wed	4:30 pm
	3 – 5 yrs	Thurs	4:00 pm
	3 – 5 yrs	Sat	1:30 pm
<b>Preschool 3 – 2</b>	3 – 5 yrs	Wed	12:45 pm

**Melvin S. Krasnow Infant Swim Program** Adult & me class. Adults teach infants through games, songs and other activities. Swim diaper and rubber pants required. Children must have a caregiver in the water.

**Preschool 1 (3 – 5 yrs)** Water adjustment skills, bubbles, kicking, floating submerging face, and beginning to coordinate swim strokes. This is a transition level to begin to move in the water without the aid of the instructor. They will be learning to use equipment in place of “hands on” instruction.

**Preschool 2 (3 – 5 yrs)** Must have mastered doing bobs independently using proper breathing technique,

independently floating on front & back. Demonstrate arm and hand movements for treading water. Combine arm and leg action on front and back progressing forward at least 20 feet without assistance. Child must understand basic water safety skills.

**Preschool 3 (3 – 5 yrs)** Must have mastered doing bobs independently using proper breathing technique, independently floating on front & back. Demonstrate arm and hand movements for treading water. Combine arm and leg action on front and back progressing forward at least 30 feet without equipment. Must demonstrate knowledge of basic water safety skills.



Mandel  
Jewish  
Community  
Center

To register contact the Aquatics Dept. at (216) 831-0700, ext 1308 or [lreed@mandeljcc.org](mailto:lreed@mandeljcc.org).  
26001 South Woodland Road, Beachwood • 216-831-0700 • [www.mandeljcc.org](http://www.mandeljcc.org)

# Learn to Swim Classes

FOR AGES 6+

Registration deadline one week prior to class start.

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Session 3*	starts 4/23	5/7 – 6/11	\$42 / \$60	\$90 / \$110

**Private  
Swim Lessons  
Available**

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Class	Age	Day	Time
Level 1	6+ yrs	Mon	6:00 pm
	6+ yrs	Tues	5:00 pm
	6+ yrs	Wed	6:00 pm
	6+ yrs	Thurs	5:00 pm
	6+ yrs	Sat	2:00 pm
Level 2	6+ yrs	Mon	5:00 pm
	6+ yrs	Tues	5:30 pm
	6+ yrs	Wed	5:00 pm
	6+ yrs	Thurs	5:30 pm
	6+ yrs	Sat	2:30 pm
Level 3	6+ yrs	Mon	4:30 pm
	6+ yrs	Tues	5:00 pm
	6+ yrs	Wed	4:30 pm
	6+ yrs	Thurs	5:00 pm
	6+ yrs	Sat	1:30 pm
Level 4	6+ yrs	Mon	5:30 pm
	6+ yrs	Tues	4:30 pm
	6+ yrs	Wed	5:30 pm
	6+ yrs	Thurs	4:30 pm
	6+ yrs	Sat	2:30 pm
Level 5	6+ yrs	Mon	5:00 pm
	6+ yrs	Tues	5:30 pm
	6+ yrs	Wed	5:00 pm
	6+ yrs	Thurs	5:30 pm

**Level 1 (ages 6+)**  
Water adjustment skills, bubbles, kicking, submerging face, floating, and beginning to coordinate swim strokes. This transition level teaches child to be comfortable in the water and to begin to move in the water without the aid of the instructor. Use equipment in place of "hands on" instruction.

**Level 2 (ages 6+)**  
Must have mastered: comfortable with independent bobs focusing on breathing technique, floating on front & back with equipment. Must be familiar with arm and hand movements for treading water. Combine arm and leg action on front and back progressing forward at least 20 feet without assistance. Must understand basic water safety skills.

**Level 3 (ages 6+)**  
Must have mastered: comfortable with doing bobs independently using proper breathing technique, independently floating on front & back. Demonstrate arm and hand movements for treading water. Combine arm and leg action on front and back progressing forward at least 30 feet without equipment. Demonstrate knowledge of basic water safety skills.

**Level 4 (ages 6+)**  
Must have mastered: pick up submerged items on bottom of deep end, maintain front and back float for 5 seconds, tread water for 10 seconds, front and back crawl progressing one length of pool.

**Level 5 (ages 6+)**  
Must have mastered: tread water for 30 seconds – 1 minute, front and back crawl with breathing 1 lap, demonstrate butterfly kick and somersaults.



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